

## **RULES AND INFORMATION 4TH ST. GEORGE WALKING, SEPTEMBER 21, 2025**

- a) Each participant in the walk participates at his or her own risk. The state of health must be good and each participant must be able to cover a strong elevation gain of more than 900 meters and have technical skills to cope with a very challenging descent.
- b) The race organizer assumes no responsibility in case of accidents and illness. A SAM and Mendrisiotto Fire Brigade medical picket will be placed at strategic points along the route for support
- c) Each entrant must have health and insurance coverage that can, if necessary, cover all ambulance as well as helicopter transport costs.
- d) Each entrant must intervene in case a participant falls ill and promptly inform the Mendrisiotto Ambulance Service (SAM) on site at 144.
- e) The walk is untimed and non-competitive. There are no prizes, but a souvenir of participation. f) Sticks and earphones are allowed.
- g) The walk is open to single persons, families, groups, dog and handler pairs, children 12 years and older accompanied by parents.
- h) It is required that each registrant carry a cell phone for cases of necessity.
- i) Each registrant must respect the marked route and follow the directions of the volunteers along the route. Any violation may be punishable by disqualification.
- j) The walk will be held in any weather. Maximum walking time: 5 hours.
- k) Each registrant must visibly place the bib. Each registrant will receive the bib number at the space set up on the Riva San Vitale Middle School square and a password to download the digital race packet. Bib pickup only on Sunday between 08:30 and 09:00.
- l) The start of the walk is set at 09:00 from Riva San Vitale (the starting area will be marked), between Settala Street and Motta Street.
- m) The route, just over 11 km long, does not include refreshment points by the organizers, so the registered person should be aware that he/she will only be able to count on his/her own supplies.
- n) Included in the entry fee is a meal on the way back to the middle school square.
- o) There will be shower facilities, bathrooms and locker rooms at the gym next to the Middle Schools.
- p) For dog/handler pairings: only dogs regularly registered with a microchip number and in possession of liability insurance are allowed. The following will not be accepted: dogs that are not properly registered and do not have RC insurance, females in heat, dogs led with choke collars or inward-facing spikes or electric collars, and dogs in obvious distress. Dogs must be led on a leash for the entire duration of the event, including the staging areas. Dog handlers must be of legal age.
- q) Data related to entrants may be used by the organizers and their partners to send newsletters and information about the event
- r) The organizers assume that each entrant has familiarized himself/herself with these official rules and accepts all items.
- s) Cancellation of Entry: There is no refund for those who cancel their entry. In case of submission of a valid medical certificate within 10 working days before the event, the Organizer reserves the right to

consider a refund or to carry over the entry to the following year's edition. In the event of a refund, the entry amount minus transaction fees is returned through the same channel as the payment (credit card or bank deposit).

t)Traffic closure: the route is only partially closed to traffic. The organizers and the police authorities invite people to pass on the sidewalks or, failing that, on the right side of the road. Participants are in any case required to comply with the law on road traffic. The organizers accept no responsibility for any infringements.

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